



Watson's Family Karate School Kick'n News Letter

The Power of Charisma

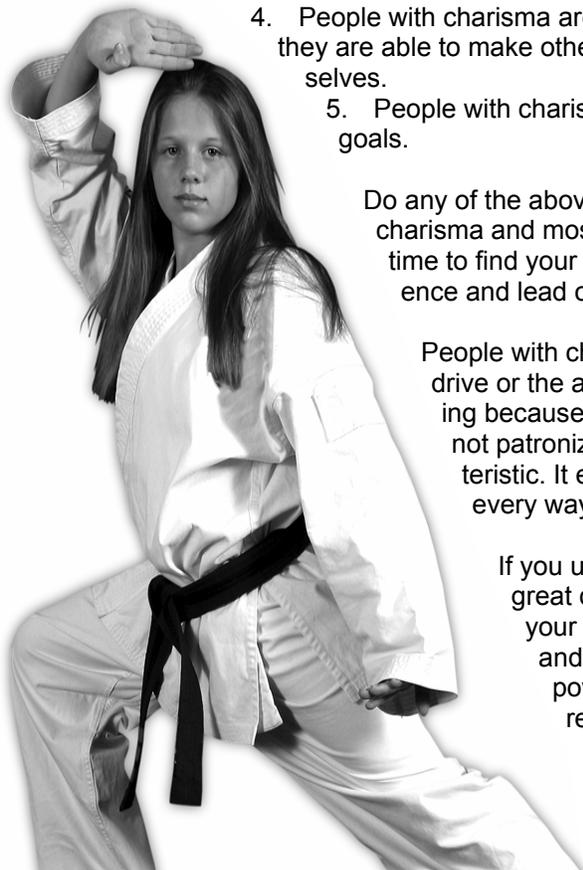
By Melody Shuman

Charisma can be defined as a magnetic personality. People with charisma tend to be very charming and intriguing. They have a natural ability to influence a large number of people. Charisma is one of the most powerful characteristics that one may possess and utilize to make our world a better place to live.

Many of the great legends in the martial arts have charisma. Chuck Norris, for example, is well known for his roles in popular action films; however, he is admired and respected because he has a personality that influences and inspires others in a positive ways.

Read the following statements to discover whether you have charisma or someone you know:

1. People with charisma can light up a room full of people with a simple smile and handshake.
2. Charismatic people are not afraid to speak their minds and provide ideas and insights during conversations.
3. Charismatic people are willing to step forward and take charge when others need to be led.
4. People with charisma are very popular because they are able to make others feel good about themselves.
5. People with charisma can inspire and motivate others to set and accomplish goals.



Do any of the above statements describe your personality? If so, then you have charisma and most likely you are a very well liked person. If not, then now is the time to find your inner charisma. To do so, seek opportunities to motivate, influence and lead others.

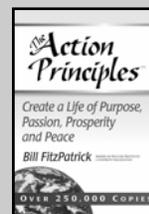
People with charisma are intriguing not because of what type of cars they drive or the amount of money they make. People with charisma are intriguing because they make others feel good about themselves in a way that is not patronizing or overwhelming. Charisma is a naturally occurring characteristic. It enables an exchange of energy and passion that is pure in every way.

If you understand the power of charisma, then you most likely have a great deal of influence over everyone around you. Make sure that your charismatic charm is used in a positive and productive manner, and you will live a life filled with happiness and adventure. The power of charisma is not only a gift for others, but also a gift that returns benefits to you.

Action *principles*

Respect and Defend All Life

Defend the rights of the old, homeless, the harassed, depressed and physically and mentally challenged. Our blessings morally obligate us to do what we can to



help. The strong and brave must defend those who cannot defend themselves. This is leadership! It is preserving human dignity and defending human rights.

Bill FitzPatrick is a 5th-degree Black Belt, holds a Master's Degree in Education and runs the non-profit American Success Institute at: www.mastersuccess.com.



Watson's Coming Events

October 6—8 **Closed for Thanksgiving**

October 19 **Grading** no evening classes

October 24th **John Atkinson Seminar**
Sparring drills and techniques for tournament sparring
Sign up in advance space limited open to Orange belts and above
\$50.00 per person.

October 27th **Tournament** for all ages and levels including Little Dragons
Divisions are Kata, Sparring, Weapons and XMA.

November 9 –11 **Black Belt Grading**
All classes are as normal anyone with question on participating
in the grading should speak to Mr. Watson.

November 25 **Black Belt Presentation and Extravaganza**
This is for everyone not just black belts
More information to come.

November 14 **Sigung Chong Seminar**
Will be teaching Tom Hoi a two person KUNG FU SET.
We will be learning both sides of the form.

Information to come on Christmas Parties (Children and Adults)

SPECIAL NOTE:

Thank-you to all who came out to the XMA Demo Team Try-out. Everyone was great and worked so hard that it was decided that there should be two teams. Mr. Hugh and Mrs. Watson are looking forward to working towards an amazing Demo Team and feel they have great students to work with. Watch for the new XMA Demo Team at upcoming events.

CONGRATULATIONS TO ALL WHO MADE IT!!