

# WATSON'S Holiday Schedule

March 10<sup>th</sup> – 18<sup>th</sup>

F  
A  
M  
I  
L  
Y  
  
C  
L  
A  
S  
S  
E  
S

	Mon. Forms	Tues. Power hours Forms	Wed. Sparring/ Bag	Thurs. Power hours Forms	Fri. Sparring/ Bag	Sat. Forms	Sun
WHITE (beginners)	5:00-5:45	4:45-5:30	5:15-6:00	5:00-5:45	5:00-5:45	10:30-11:15	
YELLOW	5:00-5:45	4:45-5:30	5:15-6:00	5:00-5:45	5:00-5:45	10:30-11:15	N
ORANGE	5:00-5:45	4:45-5:30	6:00-7:00	5:00-5:45	6:15-7:00	11:15-12:00	O
GREEN	5:45-6:30	5:30-7:15	6:00-7:00	5:45-7:15	6:15-7:00	11:15-12:00	
PURPLE	5:45-6:30	5:30-7:15	6:00-7:00	5:45-7:15	6:15-7:00	11:15-12:00	C
BLUE	5:45-6:30	5:30-7:15	6:00-7:00	5:45-7:15	6:15-7:00	12:45-1:45	L
RED	6:30-7:30	5:30-7:15	6:00-7:00	5:45-7:15	6:15-7:00	12:45-1:45	A
BROWN- BLACK	6:30-7:30	5:30-7:15	6:00-7:00	5:45-7:15	6:15-7:00	12:45-1:45	S
EXTRA CLASSES					5:45-6:15 Open Class	12:00-12:45 Weapons	S
XMA CLASSES			7:00-7:45	7:15-8:00			E
ALL BELTS A.M.	10:00-11:00 All		10:00-11:00 All	10:00-11:00 Adult only	10:00-11:00 All	Black Belt 8am	S
ADULT P.M.		7:15 – 8:15	7:45-8:45	8:00-9:00			
LITTLE DRAGON						9:45-10:15	
CARDIO AM			6:00-6:45 BAG		6:00-6:45 BAG		
CARDIO AM			9:15-10:00 BAG		9:15-10:00 BAG		

Students should arrive 10 minutes before class.

Sparring classes are Wed. and Fri., for Orange Belts and above full safety equipment is required to participate.

Form days are Mon., Tues., Thurs. and Saturday.

Contact us @ 905 727 7144